Hawkesbury Canoe Classic 2019 from qualified HCC Training Paddle rustler Duncan J Sunday 13th October 2019

CALLING ALL LCRK Hawkesbury Training PADDLERS for the last time!

Naughty WISEMAN's to Lower Portland Ferry Crossing RETURN – 37kms

This is regarded by many as the most important part of the Classic

Get through the BIG W and down to the Wiseman's CHECKPOINT in good shape and
you've broken the back of the Hawkesbury Classic

Training will again be an out and back paddle with distance options being up to you (Dargle - 47kms return EARLY START / Lower Portland 37kms return / end of Big W - 28kms return)

There will be a safety requirement to have at least two paddlers together at all times.

The paddle is designed to take advantage of a favourable tide in both directions.

Non-HCC paddlers looking for a training paddle with company, welcome too.

To take part please confirm your attendance by emailing Duncan at duncan@aquashop.com.au or call him on 0433 133 206

MEET: 8:00am SHARP at Naughty Wiseman's at the end of Old Northern Road - <u>opposite Wiseman's Ferry Public Wharf take the left slip-off road</u> to the end to the Car Park.

MAP REFERENCE: here

TIME: 8:00am SHARP to prepare your boat

(Don't forget your nutrition and plenty to drink)

BRIEFING: 08:30am

FIRST START: 9:00am or ASAP after Briefing Those going to Dargle or further

to start between 7 and 8:00am

SIGN-ON/OFF: Please advise Duncan if you cannot make the start on the day. Please bring a gold coin donation, \$2 for Tom's "Secret" Map which details the best route to follow for this leg.

Please let me know if you finish/leave early.

WEATHER FORECAST: Expected to be partly cloudy. 30% chance of showers

TEMP.: Usually cool early. 10-20° Come prepared.

WIND: Light SSW to South. 15 – 20km/h later in the day

TIDE: HIGH at Wiseman's Checkpoint at 10:28 am (1.4m) and HIGH at Low Portland at 11:39 am (1.4m).

SAFETY: We'll be using our buddy system as usual. This means you will be informally paired or grouped with paddlers of similar ability and speed based on your LCRK 12k TT time.

MOBILE PHONES: If you have a mobile phone and a suitable sealable bag please bring it with you. In case of emergencies please try to call me in the first instance on 0433 133 206, otherwise call Marine Services NSW on 9450 2468 or 000. Remember there may not always be reception.

SKI BOATS AND OTHER BOATING CRAFT:

There will be ski boats, wakeboarders, fisherman and cruisers, please remain vigilant and on the lookout for, particularly, boats traveling at speed. Move immediately to the right-hand side of the river keeping your distance and proceeding past together where you can. Remember - if you're approaching another boat head on, then steer to the RIGHT. Signal your intentions clearly and early. The other boat may not have seen you.

NEWCOMERS:

If you're inexperienced or need help or assistance for any reason, please ask me or any of our other experienced paddlers.

HAVE A GREAT DAY!

Duncan Johnstone - Mob: 0433 133 206

PS. This info sheet can be downloaded as a PDF from the LCRK website here at any time.